

WEEK FIVE

Lent is the season in which we look forward to celebrating the life, death, and resurrection of Jesus Christ. The following prayers and activities are ways we can prepare our hearts for the next six weeks leading up to Easter Sunday.

PRAYER

We confess, Holy Spirit, that our hope is often more in our retirement than in the resurrection.

For you remind us of our hope when you write, “For as by a man came death, by a man has come also the resurrection of the dead. For as in Adam all die, so also in Christ shall all be made alive.”

BOOK OF COMMON PRAYER

Almighty God, you alone can change the evil hearts and sinful affections of people. Help your people to love like you command, and to desire the things you promise. The world may change and bring fear, but let your children’s hearts be fixed where true joy is found. Praise be to you our glorious God, to the Lord Jesus Christ who lives and reigns at your right hand, and to the Holy Spirit who is the seal of our inheritance, the blessed three in one, forever and ever, amen.

This Lent season we remember that because Jesus suffered, died, and rose again, we have a great hope. The resurrection is what gives us hope! Because we have an eternal hope, we can forgive and seek reconciliation, we can endure suffering and shame, we can eagerly await the day when Jesus comes back again to make all things new!

FOR PRAYER WITH YOUR FAMILY, RC, OR ALONE

Think about something that you find hope or peace in; something that you run to when you find yourself stressed. Confess before God and others where you find your hope. Pray for Redemption Arcadia to be a people unified in our hope of the resurrection and the promise of new life.

ACCOMPANYING SCRIPTURE

Romans 5:12-21

LENT CHALLENGE

If you choose to go out to eat, go to an immigrant or refugee owned restaurant and pray for them to flourish in the city as you eat there.